

# CALSHOT PRIMARY SCHOOL

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4<sup>th</sup> October 2019

## NEWSLETTER

[www.calshot.bham.sch.uk](http://www.calshot.bham.sch.uk)

### Asda Poster Competition

Thank you to all of the children who took part in the ASDA Inclusion Poster Competition. There were so many amazing entries and these were on display at ASDA Queslett last week. Michaela, our community champion from ASDA, was overwhelmed by the quality of the entries and praised all of the children's work. On Monday the winners of the competition were revealed. The winners were:

Gunni (1L), Emily (1L), Aryan (1L), Annabelle (2H), Diya (2T), Shaquoia (3B), Hannah (3C), Evie (4M), Jessica (4M), Annie (5D) and Dylan (5H).

Yesterday, the winners visited ASDA with Miss Atterbury and Mrs Webb. The children enjoyed a tour of the store, they met with the manager and collected their prizes. It was a brilliant day and the children were an absolute credit to Calshot School.

### Harvest Celebrations

Next week we will be celebrating and giving thanks for all the food that we have to eat. As always, you are warmly invited to join our Harvest Festival celebrations. Reception, Year 1 and Year 2 will hold their Harvest Festival on the morning of Wednesday 9<sup>th</sup> October at 9:20am. Years 3, 4, 5 and 6 will hold their Harvest Festival on the afternoon of Wednesday 9<sup>th</sup> October at 2:30pm. As in previous years, we are asking you to make a donation of harvest produce, which will be distributed in our local community. Please send any produce into school by Tuesday. If you would like to nominate anyone for a Harvest parcel, please complete the reply slip below and return by Wednesday 9<sup>th</sup> October. The parcels will be distributed on Friday 11<sup>th</sup> October. Many thanks for your support.

### Mindfulness/ Wellbeing Day!

Next Friday 11<sup>th</sup> October we will be having a non-uniform day to raise awareness of mental health and how we need to look after ourselves. One in four adults and one in ten children suffer with a form of mental health illness every day and it is often overlooked or ignored. On the day children will have a go at various age appropriate activities such as mindfulness, relaxation and breathing, looking at techniques that help to deal with anxiety. There will be a poster competition too. All children can wear non-uniform, I am not asking for 50p like

we normally do but if you wish to make a donation then you can. Any money received will go to a charity called MIND that works to support families who are struggling due to mental health issues.

### Rosh Hashanah Assembly!

This week Miss Atterbury had an assembly about the Jewish New Year Festival of 'Rosh Hashanah' which is Hebrew for 'head of the year'.

'At the weekend Jewish people celebrated New Year, they ate a special dinner with apples and honey. They go to a synagogue to do some extra praying to God'. - Brandon (3B)

'On Monday we learnt about Rosh Hashanah which means New Year. Jewish people make bread in the shape of a crown because it helps them think about God as a king'. - Ria (3B)

### School Fund

This week £34.90 was collected in School Fund this week, which is superb! May I take this opportunity to thank all the parents who have paid. It does mean we can buy those 'extra' things for the children.

Mr. M. Wingrove

(Head Teacher)

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### Calshot Primary School Nomination for a Harvest Parcel 2019

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Name of person to receive gift: \_\_\_\_\_

To be collected by: \_\_\_\_\_

