

CALSHOT PRIMARY SCHOOL

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Head Teacher: Mr M. Wingrove
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30th September 2022

NEWSLETTER

www.calshot.bham.sch.uk

Mental Health Awareness Day

On Monday 10th of October we will be having a non-uniform day to raise awareness of mental health and how we need to look after ourselves. One in four adults and one in ten children suffer with a form of mental health illness every day and it is often overlooked or ignored. On the day, children will have a go at various age appropriate activities such as mindfulness, relaxation and breathing and looking at techniques that help to deal with anxiety. All children can wear non-uniform, if you wish to make a donation then you can. Any money received will go to a charity called MIND that works to support families who are struggling due to mental health issues.

Nuts

A reminder to parents that we have children in school who have severe nut allergies and for this reason it is not safe for any type of nuts to be brought into school. We have had some children bring nuts in their packed lunches at dinner time and this is a concern. For the same reason, we also cannot allow chocolate spread in sandwiches, as many types of spread also contain traces of nuts amongst their main ingredients.

Harvest Celebrations

Next week, we will be celebrating and giving thanks for all the food that we have to eat. You are warmly invited to join our Harvest Festival celebrations. Reception, Year 1 and Year 2 will hold their Harvest Festival on the morning of Wednesday 5th October at 9:20am. Years 3, 4, 5 and 6 will hold their Harvest Festival on the afternoon of Wednesday 5th October at 2:30pm. As in previous years, we are asking you to donate harvest produce, which will be distributed in our local community. Many thanks for your support.

Beavers

Have you ever thought about joining a local Beaver Scout Troop? Beaver Scouts is for boys and girls aged between 5 $\frac{3}{4}$ and 8 years old. Each week you'll get to take part in fun activities, explore outdoors and help in the community. They meet at St Pauls, Hamstead Community Centre, Walsall Rd, Great Barr every Thursday between 5.15 and 6.15pm. If interested please contact Julia (Beaver Leader) on 07501459251 or Julia.candlin@yahoo.com

Year 6 Parents - Secondary School Places

At this time of year, many Year 6 parents will be busy attending secondary school open days, which is a wise thing to do. Just a reminder that applications for secondary schools can be made online by visiting the Birmingham City Council website www.birmingham.gov.uk/schooladmissions and the deadline for applications is 31st October 2022. If you require assistance, please ring the Admissions and Appeals Department on 0121 303 1888. If you live outside of Birmingham, you have to apply directly to the Local Authority that you live in.

Reception and Nursery Open Days

The Reception and Nursery Open Days for prospective pupils for September 2023 are being held on Wednesday 2nd November 2022 (9:30am - 10:30am) and Thursday 3rd November 2022 (4:30pm - 5:30pm). Please ring the school to confirm your attendance.

School Fund

This week £12.50 was collected in School Fund this week. May I take this opportunity to thank all the parents who have paid. It does mean we can buy those 'extra' things for the children.

Mr. M. Wingrove

(Head Teacher)

