

# CALSHOT PRIMARY SCHOOL

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## NEWSLETTER

[www.calshot.bham.sch.uk](http://www.calshot.bham.sch.uk)

### Mental Health Awareness Day!

I wanted to say a big thank you for all the support from parents with our Mental Health Awareness Day this week, plus all the donations we received for the charity MIND. We raised £155.40 in total and the children enjoyed learning strategies to help their well-being such as relaxation techniques.

'We created art to show the importance of nature, health, family and pets.' -Natan (3H)

'Eating healthy foods, exercising and sleeping keeps our minds healthy.' - Cole (3O)

'It is important to spend time with friends, be outdoors, stay healthy and have hobbies. This will help you have a happy, healthy mind.' - Clara (3H)

'On Monday we learnt that keeping our minds healthy is just as important as keeping our bodies healthy.' - Kiyannah (3O)

### Selly Oak Trip

Last Friday, Year 5 went on a trip to Selly Oak Manor to explore and discover what life was like during Tudor England. Thank you to Mr Ali and Mrs Patterson who organised and supported the children on this wonderful experience for the children. I know how much they enjoyed it as they have told me some of the gruesome things they found out.

'It was a really enjoyable, educational trip. We learnt about Tudor life and their clothes, we even got dressed up as them and played Tudor games. It was a terrific trip, as the activities we did were brilliant. We learnt that 'Garde Loo' means beware the poop!' - Ishpinder (5S)

'We went to Selly Oak Manor for a school trip. We learnt loads about the Tudor times and the manor was really beautiful. I had a lot of fun and really enjoyed it!' - Scarlet (5D)

'The trip was fun! I learnt a lot of things that I didn't know about the Tudors. They use to say 'Garde Loo' to warn passing residents what was coming out of the window. I would recommend the trip to others as you'll learn a lot about Tudor houses and food.' - Jaylen (5S)

'We went to Selly Oak Manor to learn about the Tudors and how they lived, survived and what they ate. It was a bit scary as they ate dead rabbits and dead rats.' - Adam (5D)

### Thinktank Trip

On Wednesday, Year 1 went on a trip to Thinktank and found out about our amazing bodies and explored the science museum. Thank you to Mrs Jagroo and Miss Bemand for arranging and going on this educational and interesting trip.

'I liked the Science Garden and the hamster wheel when it spun round and round. I enjoyed the slide too.' - Maliha (1B)

'I loved going on the slide in 'Mini-Brum'. I saw an old steam train and an old car.' - Freddie (1J)

'We listened to our hearts beating. I was a doctor. I loved the Science Garden.' - Rome (1B)

'I loved seeing a Polar Bear. We learnt all about our body too. I pretended to be a doctor and listened to Holly's heartbeat!' - Dimple (1J)

### Y4 INSPIRE Workshop

On Tuesday we had our first INSPIRE workshop for parents and it was superb to see how many of you who were able to come in and sit with the children and help them with their SPAG work. The children really enjoyed themselves and I want to thank Mr Mitchell and Mrs Jones for organising this fun and informative workshop.

'I loved the INSPIRE because I got to work with my dad and it was really fun.' - Sienna (4M)

'I enjoyed doing the English activities with my mum, who is very smart. I also enjoyed working on a table getting to know all the other parents. I got all of the questions right, mostly because my mum helped.' - Aanya (4J)

'I really liked doing the workshop because I got to do activities and you got time to spend with your mum or dad.' - Aryan (4M)

'Our workshop was amazing, as I did activities with my baby sister and mum. We did some SPAG work on punctuation looking at inverted commas, causal conjunctions and adverbs.' - Murphy (4J)

### Y2 INSPIRE Workshop

On Thursday we had another INSPIRE workshop for parents and it was lovely to see how many of you who were able to come in and join the children doing their work. The children were wonderful and I want to thank Miss Harris and Miss Trude for organising this informative workshop.

'My mummy came to help me and I really enjoyed it!' - Freya (2H)

'Our Inspire workshop was really fun! I got to spend time with my mum doing lots of activities.' - Sophia (2T)

'It was really fun doing our Inspire. We learnt about spellings, punctuation and grammar.' - Jaylen (2H)

'I liked doing the work with my aunty as it was fun. I showed her my school and what we have done in our English books.' - Yahiya (2T)

## Calshot Primary School News

Each week, the media club meet to discuss projects they can create. This week they took the opportunity to see what was happening on the film set in CKs where Cbeebies are filming their new show.

'We met the Cbeebies film crew and they were very nice. They told us about all their different jobs behind the scenes.' - Scarlett (5D)

'It was really good to get to meet the film crew and it's an honour to chat with the Cbeebies team.' - Jenson (5D)

## Bikes & Scooters!

A reminder that bikes and scooters are not to be used in the playground before or after school, we have lots of small children and families around school and I don't want anyone to get hurt.

## Parents' Evening

Next week, we will be holding our first set of Parents' Evenings for this academic year. We look forward to seeing you on Tuesday between 3.30-5.00pm and Thursday 3.30-7.00pm. The book fayre will run at the same time.

## Individual Photographs

The Tempest photographer will be in school on Tuesday 1<sup>st</sup> November. All children will have an individual photo taken and you will also be able to book a separate family photo, a letter has been sent home with more details and a response slip.

## School Fund

This week £28.20 was collected in School Fund this week, which is superb! May I take this opportunity to thank all the parents who have paid. It does mean we can buy those 'extra' things for the children.

Mr. M. Wingrove

(Head Teacher)

