# CALSHOT PRIMARY SCHOOL

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26<sup>th</sup> September 2025

# NEWSLETTER

www.calshot.bham.sch.uk

# Reception INSPIRE Workshop

On Thursday, we had our Reception INSPIRE Phonics workshop for parents and it was lovely to see how many of you who were able to come in and join the children doing their work. The children were wonderful and I want to thank Miss Sunn and Mrs Buck for organising this informative workshop.

# Year 6 Parents - Secondary School Places

At this time of year, many Year 6 parents will be busy attending secondary school open days, which is a wise thing to do. Just a reminder that applications for secondary schools can be made online by visiting the Birmingham City Council website <a href="www.birmingham.gov.uk/schooladmissions">www.birmingham.gov.uk/schooladmissions</a> and the deadline for applications is 31<sup>st</sup> October 2025. If you require assistance, please ring the Admissions and Appeals Department on 0121 303 1888. If you live outside of Birmingham, you have to apply directly to the Local Authority that you live in.

### Harvest Celebrations

In two weeks' time, we will be celebrating and giving thanks for all the food that we have to eat. You are warmly invited to join our Harvest Festival celebrations. Years 3, 4, 5 and 6 will hold their Harvest Festival on the morning of Thursday 9<sup>th</sup> October at 9:20am. Reception, Year 1 and Year 2 will hold their Harvest Festival on the afternoon of Thursday 9<sup>th</sup> October at 2:45pm. As in previous years, we are asking you to donate harvest produce, which will be distributed in our local community. Please send any produce into school from Monday onwards. If you would like to nominate anyone for a Harvest parcel, please complete the reply slip below or complete an application on Parent Mail and return it by Monday 6<sup>th</sup> October. The parcels will be distributed on Friday 10<sup>th</sup> October. Many thanks for your support.

## Mental Health Awareness Day

On Friday 10<sup>th</sup> October, we will be having a non-uniform day to raise awareness of mental health and how we need to look after ourselves. One in four adults and one in ten children suffer with a form of mental health illness every day and it is often overlooked or ignored. On the day, children will have a go at various ageappropriate activities such as mindfulness, relaxation and breathing and looking at techniques that help to deal

with anxiety. All children can wear non-uniform, if you wish to make a donation then you can. Any money received will go to a children's mental health charity.

#### Attendance Matters

Regular attendance is critical not only for academic success but also for your child's social and emotional development. Being in school enables children to:

- Access the lessons needed to meet age-related expectations.
- Maintain friendships and develop important social strategies.
- Participate in social and sporting events.
- Explore potential careers.
- Develop good punctuality and other essential habits for a successful future.

To help put this in perspective, here's how different attendance rates affect missed learning:

Days Absent	Weeks Missed (approximately)	Lessons Missed
5 days	1 week	25 lessons
10 days	2 weeks	50 lessons
20 days	4 weeks	100 lessons

Persistent absence is when a pupil misses 19 days (10%), or more, of their possible school days over the year. If you wish to discuss any issues affecting your child's attendance, please contact school.

#### Measles

Measles cases have been increasing across Birmingham. Measles is a very infectious disease that spreads easily and can lead to serious health complications, particularly for vulnerable individuals, including those who have weakened immune systems or are pregnant. Outbreaks can happen when not enough people have been immunised.

#### What are the symptoms of measles?

Measles usually starts with cold-like symptoms. The first symptoms of measles include:

- -a high temperature
- -a runny or blocked nose
- -sneezing
- -a cough
- -red, sore, watery eyes

A rash usually appears a few days after the cold-like symptoms. The rash starts on the face and behind the ears before spreading to the rest of the body. Some people may also get small spots in their mouth, particularly inside the cheeks and on the back of the lips. To learn more about symptoms, visit <a href="https://www.nhs.uk/conditions/measles/">https://www.nhs.uk/conditions/measles/</a>

# What should you do if you or someone has suspected measles?

If a child develops symptoms, parents should contact their GP. Parents must contact the surgery by telephone before visiting and tell the reception staff that they think that their child may have measles. They cannot attend the surgery unless they are asked to. The doctor will make special arrangements to see the child so that if they have measles, they won't pass it on to others.

	collected in School Fund this week. May I take this opportunity to thank all the pare mean we can buy those 'extra' things for the children.	ents
Mr. M. Wingrove		
(Head Teacher)		
	Calshot Primary School Nomination for a Harvest Parcel 2025	
Child's Name:	Class:	
Name of person to rec	ive gift:	
To be collected by:		

School Fund

